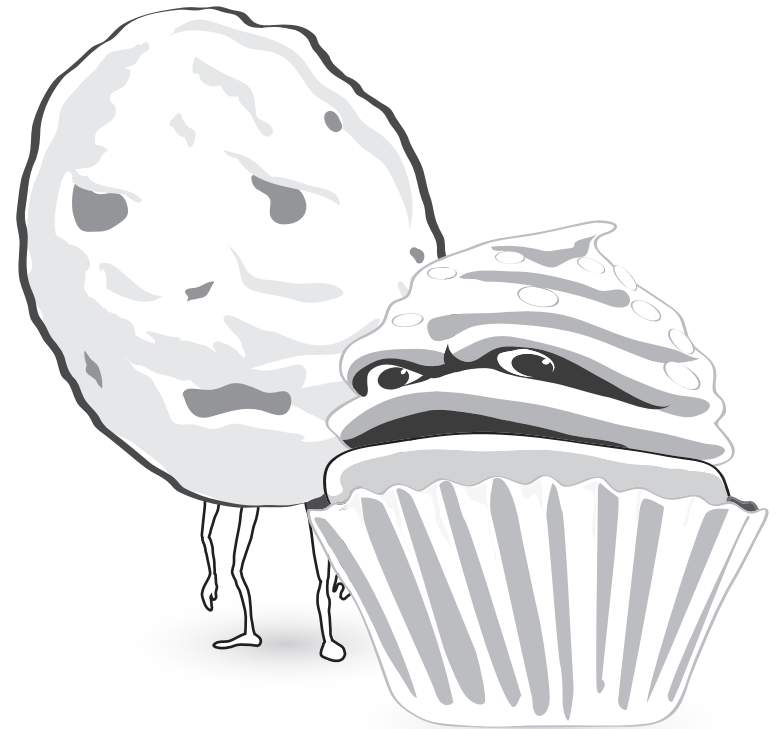
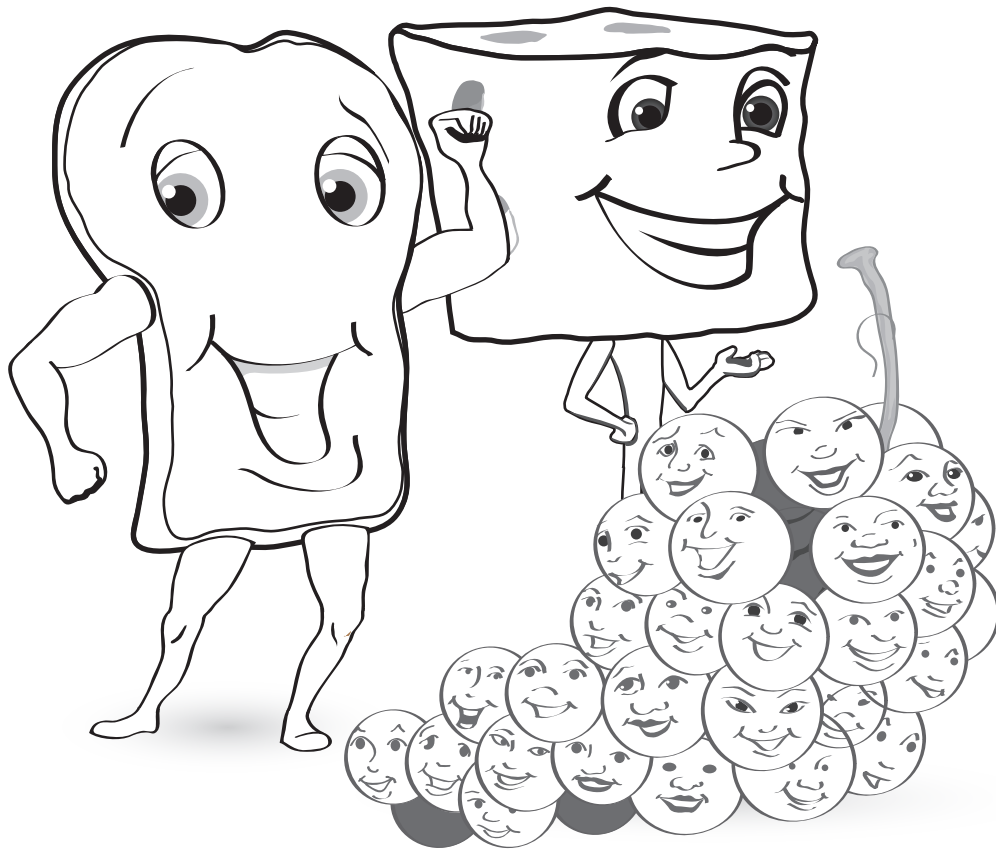
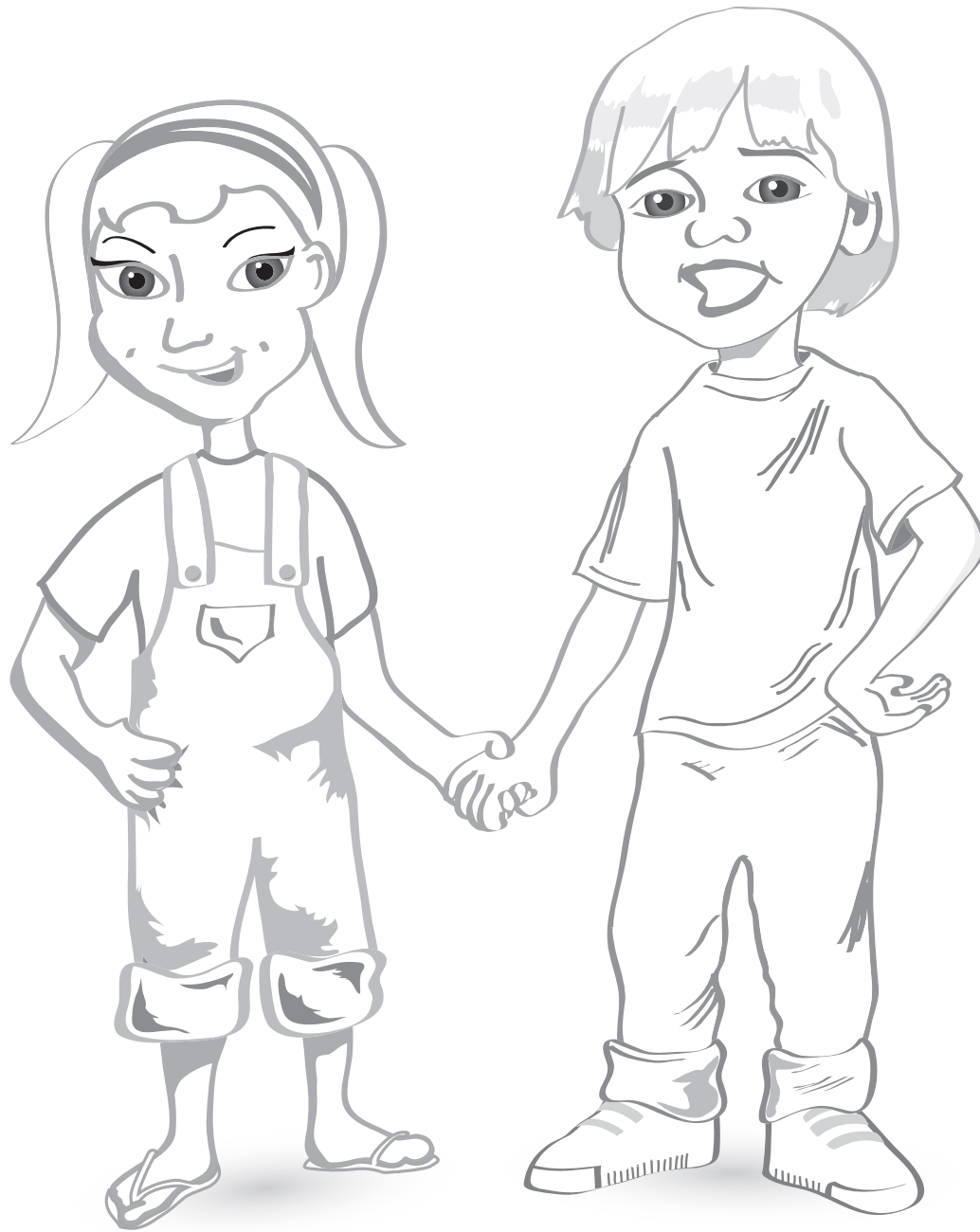


Stay active!



Which foods will you choose?



Good friends are important!



Ask your parents to read to you!